

13 May 2009



## National Obesity Forum

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### East Midlands NOF Regional Obesity Network Meeting

Monday 14 June 2010 09:15 – 16:00

Slimming World, Clover Nook Rd, Alfreton, Derbyshire, DE55 4RF

Dear Colleague

We would like to invite you to the National Obesity Forum's first East Midlands Regional Obesity meeting. This event aims to share practice on how clinical leaders, NHS managers, service providers and commissioners at a local level can work together to reduce the number of overweight and obese people in the region.

The aim of the meeting is as follows:

- 1) To share practice
- 2) To build capacity and capability to deliver local obesity work through a professional development programme
- 3) Development of a regional obesity demonstration project (resource permitting) to promote learning amongst all obesity practitioners in the region

High profile speakers who are national and regional experts in obesity are scheduled to present. They will be looking at issues such as current trends and issues as applied to obesity programmes.

This event has been developed by the National Obesity Forum. We would also like to thank and acknowledge our stakeholders ASO, Counterweight, PCCS & PCDS.

We anticipate a high level of demand for this event and as places are **strictly limited** we will need to allocate a quota system to ensure a multidisciplinary audience.

To secure your **free place**, please refer to the booking form or e-mail [regional@nof.uk.com](mailto:regional@nof.uk.com)

We look forward to welcoming you to this East Midlands Regional Obesity Network meeting.

Kind regards

**Christina Voce BA (Hons)**  
**Regional Network Co-ordinator**

**The NOF would like to thank and acknowledge Slimming World for kindly providing the venue for this meeting**

Registered Office: Obesity Forum, 20 Birmingham Road, Walsall, West Midlands, WS1 2LT

Company Registered No. 5177034 Charity Registered No. 1109600 VAT Registration No. 871552514

*National Obesity Forum is the trading name of Obesity Forum*



## Provisional Agenda

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- 09.15-09.45 Coffee and Registration  
Chair: Dr Garry Tan and Dympna Pearson
- 09.45-10.00 Welcome and Introduction  
[Dr Garry Tan](#)
- 10.00-12.00 Allergan Symposium – "Getting to know your local bariatric surgery service"  
[Chaired by Mike Larvin](#)
- 10.00-11.00 Medical aspects  
[Garry Tan](#)
- Surgical aspects  
[Paul Leeder](#)
- 11.00-11.20 Refreshments and Networking
- 11.20-12.20 "There's more than just surgery"  
Non-medical/non-surgical aspects of surgery  
[Rita Mulvey-Goldsmith](#)
- Commissioning of bariatric surgical services  
[David Giffard](#)
- 12.20-13.35 Lunch and Networking
- 13.35-13.45 Introduction to the workshops: a way to find out what's going on locally, to build links and to work out what needs to be done.
- 13.45-15.15 Workshops on:  
(1) Psychology and obesity - [Dr Rachel Holt](#) (TBC)  
(2) Reaching hard to reach populations - [Aideen McKenna](#)  
(3) HCP education - [Pash Dhindsa](#) (TBC)
- 15.15-15.45 Feedback from facilitators
- 15.45-16.00 Summary and plans for next meeting
- 16.00 Close

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**Booking Form**

**East Midlands NOF Regional Obesity Network Meeting**

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**Places are strictly limited and are on a 'first-come-first-served' availability.** To keep cost to a minimum all future communication will be sent via email.

To secure your place, please fill in your details below and return to the **Nottingham** office address below.

**Your Contact Details**

Title (Please Tick)  Dr             Dietitian             Nurse             Other (please state)

Name.....

Primary Care Trust Area.....

Daytime Tel No.....

E-Mail.....

I am unable to attend this meeting but would like to be included on your mailing list

.....

In providing your e-mail address you are confirming that you are happy to receive information regarding further regional meetings and National Obesity Forum information.

Please return your booking form:

**National Obesity Forum  
First Floor  
6a Gordon Road  
West Bridgford  
Nottingham  
NG2 5LN**

**Booking Confirmations**

Full programme and map details will be sent to you via e-mail by Monday 7<sup>th</sup> June 2010. An administration charge of £30 will be invoiced if you fail to attend. NOF reserve the right to alter the programme without notice due to unforeseen circumstances.  
Please keep a copy of this for your records.

e-mail: **regional@nof.uk.com**

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